



college forward

FOR IMMEDIATE RELEASE

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◆ **100%** of College Forward's students have been **accepted into colleges nationwide**

◆ College Forward students' **ACT scores increased** by an average of **22%**

◆ College Forward's high school graduates are awarded an average of **over \$16,000 each in scholarships and grants**

### **Workshop helps low-income parents send children to college**

AUSTIN, Texas — On Saturday, March 29, 2008, over 100 parents from Travis, Hays and Williamson Counties will participate in a day of intensive, interactive workshops to learn how to help their children attend and succeed in college.

The workshop, *College/Universidad 101*, is offered by College Forward, a nonprofit college access program, for the families of the students they serve. It will be held from 9:00 a.m. to 4:30 p.m. at Centennial Hall at Texas State University in San Marcos.

The workshop, offered in both English and Spanish, is the only comprehensive program of its kind educating Texas parents about how to help their children obtain a bachelor's degree. Most College Forward parents did not attend college themselves.

"*College/Universidad 101* is great for any parent—it is very exciting and motivating," said College Forward parent Annabell Cabrera, who attended last fall's *College/Universidad 101* at Southwestern University. "Especially with me being a single mother, all the help we are getting, it is just like a family."

The workshop will be led by prominent college and admission experts from across Texas, including Josie Barrett, Special Assistant for Strategic Planning to the President of St. Edward's; Rick Moreno, Director of Financial Aid at Laredo Community College; Raquel Garza, Senior Counselor at St. Augustine High School in Laredo; and Eva Garza, a Project ADVANCE counselor at Austin High School.

The development of *College/Universidad 101* was funded by a Greenhouse Grant from the Southwestern Region of the College Board in 2006. The biannual workshop is now being held for the fourth time.

Texas State University is generously providing both the space for the event and lunch for all participants. Breakfast and beverages are provided by Einstein Brothers Bagels and Starbucks.

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